



**Medieval Armour**  
by Avalon Shop

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## Olmutz helmet - Norman helmet



Norman helmet is the name used to indicate a particular type of iron helmet with a long nosepiece (hence the name Nasalhelm in German, "Helm with nose piece") widespread in Europe in the 9th century. Faithful historical reproduction of the helmet found in OLMUTZ in the 11th century, in what is now the Czech Republic.

| REF: **E118**

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