



Medieval Armour by Avalon Shop

Norman Spangenhelm



The Spangenhelm was composed of several metal segments welded together with rivets. The cap was made up of four or six segments welded by a metal strip that runs along the entire circumference in the lower part; between one segment and another there were metal bands that converged on the top of the tile.

| REF: **E122**

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P.IVA IT01503840991 - CCIAA 414855
Via Sant Ugo, 6 R - 16135 Genova- Italy
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