



**Medieval Armour**  
by Avalon Shop

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## Norman nasal helmet



Norman helmet is the name used to indicate a particular type of iron helmet with a long nosepiece (hence the name Nasalhelm in German, "Helm with nose piece") widespread in Europe in the 9th century.

| REF: **E150**

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P.IVA IT01503840991 - CCIAA 414855  
Via Sant Ugo, 6 R - 16135 Genova- Italy  
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