



**Medieval Armour**  
by Avalon Shop

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## Gjermundbu Viking Helmet



The Gjermundbu helmet is a Viking Age helmet. The helmet was discovered in 1943 at the Gjermundbu farm near Haugsbygd in the municipality of Ringerike in Buskerud, Norway. The Gjermundbu helmet was found in nine fragments and was subsequently restored. The helmet was made of iron and was in the shape of a peaked cap made from four plates.

| REF: **E096**

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